

First Step Back Home Client Worksheet

I. Shelter/Housing

- Call all agencies, churches, etc. for help,
- Note day checked in motel and check out time.
- Make sure room has microwave oven and refrigerator.
- List who is paying for motel and how long.
- Make sure room is cleaned often and everything works.
- Always look in paper for cheaper and better shelter/housing.
- Budget daily to make sure you have tomorrow's rent in hand today.
- Move to different affordable shelter/housing if you get repeat work at a particular company closer to worksite.
- Obtain cell or phone card any legal way possible.

II. Food, Clothing and Medications

- Make list of local pantries and thrift shops and times open. Also other benefits available to you, if any.
- Be sure to schedule transportation at times of operation.
- Keep at least 2 days supply of food on hand at all times.
- Make list of meds and organizations that can help supply them i.e. DFS, etc.
- Do not wait until the last pill of a prescription is gone. Keep at least one week's supply on hand.

III. Jobs

- Set a goal of completing applications and applying for jobs at 15 businesses daily.
- Start with local temp agencies listed on instruction sheet, then go to all other local businesses.
- When job is secured, be sure to find out how much your take home pay will be and when and how often you will get paid.
- If you fail to complete the 15 work applications daily, I can no longer provide shelter/housing until you get a job.
- If you fail to report for work or get fired due to your lack of ability to do work or any other fault of yours, I can no longer provide shelter/housing.
- There are 32 temp agencies in St. Charles County and over 50 businesses in Wentzville. If you can't obtain a job after applying at all these companies, I can't provide shelter/housing any longer.
- If you get a job after leaving the program I can continue to work with you and provide some shelter/housing until you can pay your own.
- Always remember your two most important assets are the decision you make to love God in obedience and love others AND your ability to earn an income.

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IV. Transportation

- Call charity organizations to see if they can provide a car.
- Make sure driver's license is current and all tickets have been paid, if any.
- If you don't have a car, call friends, family, etc. to set up Share-a-Ride schedule with those in motel/housing who have one.

V. Self-Sufficiency

- List goals and steps to becoming and remaining self-sufficient.
- Diligently seek God's wisdom and knowledge found in the Holy Bible.
- Be sure to complete all requirements daily as stated above, to remain self-sufficient.
- If you relapse after becoming self-sufficient, learn from your mistakes and start over again at the point of the program you need to. I can help with shelter according to finances available to me through donations.
- Attend church and Bible Study, etc. regularly.
- Call agencies who can provide Missouri Housing Trust Fund grant, that pays first and last month's rent as deposit on apartment and be sure to apply as soon as you are eligible.
- Move into apartment/house as soon as possible.