

FIRST STEP BACK HOME

SURVIVAL FOOD BOX SIGN UP LIST

A two day supply of essentials for the homeless who are placed in temporary shelter. Sending “too much” will only result in waste if the men need to move elsewhere and don’t have their own transportation.

Only use non-perishables that can be packed into box with a lid.

Notes of encouragement or scripture would be fine.

- _____ 1 Small box powdered milk
- _____ 20 Sugar/sweetener pkts.
- _____ 1 Pkg of Breakfast Bars
- _____ 1 Box dry cereal
- _____ 6 Tea Bags/ Coffee Bags
- _____ 4 Cocoa Packets
- _____ 1 Small Jar Peanut Butter
- _____ 1 Small Jar Jelly or Honey (not glass)
- _____ 1 Sleeve Saltine Crackers
- _____ 2 Cans tuna or canned ham
- _____ 2 Cans Stew, Ham ‘n Beans, etc.
- _____ 2 Cans Vegetables
- _____ 2 Cans Fruit
- _____ 4 Ind. pkg of cookies, brownies, cakes etc.
- _____ 6 pack soda or 1 liter bottle soda/juice
- _____ Hand held can opener (very important!)
- _____ Paper goods - microwavable bowls, plates, coffee cups, knives, forks for 2 days
- _____ Few zip lock storage bags, quart sized
- _____ Notepads w/ pens or pencils
- _____ Optional – phone card for up to 60 minutes